

HIMALAYAS THE SPIRITUAL HOME OF THE INDO-ARYANS

(A Historical Perspective)

SAT- CHIT-ATMAN



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OF THE INDO-ARYANS
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सत्यं च शिवं च शुचित्वम्
इत्येव सुन्दरम्, तदेव अम्यात्मम्

सत्-चित्-आत्मन्

*The True, the Good and the Pure in character-
This is how a Being, a Thing or an Institution is beautiful,
And this again is that which constitutes Spirituality.*

SAT-CHIT-ATMAN

*Establishing on Earth Age of Truth,
based on the Primary Reality of the Spirit.*



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VISHWA SATYAYUGA SAMSTHAPAN

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(1) to establish through Educated Public Opinion, the right regard for all Life, based on 'Atmaupamya' (putting oneself conscientiously in the position of another).

(2) to provide for the Fundamental Constitutional Protection of all harmless creatures from cruelty and violence, and all others from cruelty and unnecessary violence,

(3) to rouse the Conscience of the Word to the throes and agonies of the Mute Creation and to inspire Compassion by resuscitating the sluggish heart of Humanity

(4) to form a Trust for the implementation of the above aims and for the republication and translations of this Book.

Sat-Chit-Atman

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A HYMN TO PARAMA BRAHM

*The unfading Amaranths of devotion to duty—transcendent true,
The sparkling Pearl - Jasmines of Spiritual - Ethical Thought
The sturdy sunflower of Brahmacharyatmak Self-control
The overspreading Kadamba blossoms of Com- passion pure,
The ever-fragrant Agave of active, loving Non -Violence
The variegated Cosmos of Truth in all its Forms and phases,
The blue Morning-Glory of Brahm-Mantra meditation,
The diaphanous Lily of devotion to one's Chosen Form of Brahm,
The thousand-petalled Lotus of Universal Love Divine,
Are pleasing to Parama Paribrahman Shri Vishnu Paramatman.*

Sat-Chit-Atman



THE POWER OF PERSUASION AND PRAYER

**PERSUASION BASED ON TRUTH,JUSTICE AND
RIGHT REASON AND PRAYER OF A PURE HEART FOR A
BENIGN CAUSE. ARE INFINITELY MORE POWERFUL
THAN THE COMBINED MIGHT OF ATOMIC FISSION AND
HYDROGEN FUSION.**

Sat-Chit-Atman





While the term 'Aryan' in common parlance denotes a member of a certain Race or a Community, etymologically it means 'of noble birth,' or 'civilized' and in relation to abstract thought, it shows a mark of distinction as Bhagawan Buddha's, 'The Aryan Truths.' When applied to the earliest of the Indo-Aryans however, who laid the foundation of a **Civilization 'suigeneris' for its extraordinary Religious Culture**, the term has come to mean a person of high moral excellence and great cultural refinement.

Thus for instance, the 'Vedic Sampatti' defines the word Aryan as one who, over and above possessing certain physical characteristics of skin and complexion, **'excels also in courtesy and culture, in conduct and thought, in duty and works, in nature and character**





and above all in Spiritual knowledge and experience".¹

Who were these earliest of the Indo-Aryans? Whence did they come? What special quality of head and heart did they possess so as to be quite distinct, both from the parent body whose scion they were and also from those Aryans who subsequently followed and mingled with them on the banks of the Sapta Sindhu?

While there are many competing theories a-field regarding the original home of the Aryans, intellectually satisfactory and historically quite tenable is the theory as expounded by H. Heras in his 'The Cradle of the Aryans'² which after a patient research into words common to the five great Aryan languages - the Vedic Sanskrit, the Avestan, the Greek, the Latin and the Teutonic, locates the home of the original Aryans around the region south of the River Volga. When however, they spread in different directions from their original homeland, it is certain that

1.Vedic Sampatti, Reghunandan Sharma, Swadhyay mandal, Baroda, 1949, p 175.

2.Revd. Father H.Heras, 'The Cradle of the Aryans' M. Ledrus, Calcutta, 1937.





those who ultimately came to India lived for quite some time in the deep recesses of the Himalayas which they called Mount Meru.

There in the profound solitude of the peaceful Himalayas, surrounded by Nature's wonderful architecture of weather-carved hills and wind-sculptured ice, the Aryans gifted with a vision that could penetrate into the heart of things, developed a genius for Religion unique in the annals of history. Here **in the Open-Air University of the magnificent Himalayas**, they meditated and reflected on the nature of the Infinite Spirit and the Moral and Spiritual Order of the Universe, on the living substratum of the human Psyche and on the effect of Man's Actions upon it, on the existence of Life after Death and on the ultimate Goal of Life. Their efforts were richly rewarded by the transcendent knowledge of '**Brahm**' or the Supreme Spirit - Personal as well as Impersonal, **Rita** the Eternal Order of the Universe, **Atma** Man's potential higher Self, **Aditi** Higher Nature, or the Mother of gods, the **Laws of Karma** and **of Rebirth** and **Moksha** or release from the thralldom of **Maya**- Ideas and Laws infinitely more precious to the complete personality of Man than all the Laws discovered by Science governing the material world.

Again, **in the Faculty of Nature, in the Depart -**





ment of Life on Earth, they studied with diligence the sovereign necessity of following **Truth** in all its forms and phases **and adhering to it in all circumstances as a way of life**, the continuing need of bearing in mind **the fundamental unity of the Human Family**, the imperative necessity of the **Ethic of Ahimsa which is Compassion in action** with regard to every living form of life, the inevitable requirement of **Brahmacharyatmak purity- that self-control no less necessary for the society** than for the individual, the moral and spiritual **utility of the Joint Family System**, and the high desirability of **graded divisions of life** to redeem the Soul during its very tenure on earth from the blinding glare of Maya and the bondage of 'Avidya' or the Power of Ignorance. For, they had realized from experience that eternal vigilance was the price to be paid for this Freedom of the Soul, which they cherished the most, and valued the highest.

Thus these Aryans who had spent a considerable time in the Himalayas practising austerities and meditating on the Ultimate Reality, before they were inspired (to all intents and purposes by the Divine) to leave the mountains for the plains of the Sapta Sindhu, **were no ordinary people. They were 'men of destiny', pioneer Souls in the realm of the Spirit**, Yet it was the sanctity and





solitude of the Himalayas that brought into play the hidden potentialities natural to men and the latent capacities they specially possessed. **In any case their stay in the Himalayas is too crucial and important an event to be ignored or neglected in History.**

These Aryans with their Himalayan domicile possessed **a mind that would maintain its equanimity in all circumstances of life.** Such a mind they had shaped and perfected in the ethereal environment of the sacred Himalayas, where they had sat and meditated till the beauty and the poetry of the place had percolated through their being and the peace of the mountains had permeated their souls.

They had likewise succeeded in fashioning and developing a standard of life, **based on Truth, Simplicity, Self-control, and Compassion - the soul of Ahimsa,** indispensable in living a life of moral and spiritual perfection in the midst of its materialistic glitter.

The coming of these Aryans from their Himalayan heights to the broad plains of the Punjab is thus an event comparable to the **migration of a colony of Swans from Lake Mansarovar to Sapta Sindhu.** For, like the proverbial Swans known for their capacity to separate milk





from water, these great Souls were endowed with a power of **Moral and Spiritual Discrimination, without which a truly Religious life is impossible.** These high Souls, the denizens of the Himalayas, could discriminate Truth from subtlest untruth, the spiritually essential from the non-essential, that which is of permanent value from what is fleeting or transient and the genuinely Mystic from the 'mayic' or the spurious.

It has been India's greatest fortune that at the very dawn of History, the Moral and Spiritual foundations of India's Religious life and culture have been laid by these Divine Souls - Aryans par excellence, august archetypes of the holy Rishies, Men of Renunciation, unworldly to the core, Seers blest, the true Universal Teachers of Mankind - the Light and Glory of India and the World.

In this perennial line of Spiritual succession are to be found not only **great Rishies** such as Yogarshi Patanjali, Brahmarshi Shukadev and Maharshi Raman; **Tirthankars** such as Shri Neminath, Shri Parshvanath and Shri Mahavir Bhagawan, **great Saints** like Gnaneshwar, Tulsidas and Tyagaraj, but also **Divinities** such as Dakshinamurti Shiva and **Incarnations of God** like Shri Nar-Narayan, and Shri Kapil Bhagawan, Lord Buddha and Shri Chaitanya Mahaprabhuji,





Bhagawan Swami Narayan and Paramhansa Shri Ramakrishna Parmatman.

It is wrong to allege that these Aryans taught nothing but the primitive worship of physical forces and personified forms of Nature. While it is true that the Aryans apparently worshipped the sun, the fire, the sky and the earth etc., it was however, in view of their being **symbols** of the Divine Spirit **and therefore sacred and venerable**, that they worshipped them.¹ Yet the adoration of the symbols and images of the Deities was only a part or a means of the worship of the Divine Spirit behind them and not its substitute.

Thus when the Aryans worshipped the orb of the rising or the setting sun, although to all appearances they adored the glowing disc of the sun, they worshipped in truth, Surya (**Savita**) Narayan - the Spirit of the Divine Light (**bharg**), capable of inspiring the Moral Intuitive Intelligence (**'dhi'**), of those who

1. The same principle applies in the case of Image-worship as well. Criticized and condemned most irrationally, the supposed evil lies however, not in the act or the spirit of the Image-worship but in the wrong choice of the deity represented by the image.





worshipped the Deity with sincerity and devotion.

Similarly when '**Surya**', '**Varuna**' and '**Agni**' are worshipped the Aryan way, they are worshipped not as anthropomorphic or personified forms of Nature, but as Divine Entities of the Infinite Spirit - **Brahm**, which is behind them. Thus for example, Varuna as worshipped by the early Aryans, was adored neither as an ordinary form of Nature nor even in its Spinozistic sense viz., as a personification of the impersonal Natural Order, but as an upholder of the **Moral and Spiritual Order of the Universe**. Hence it is that Varuna is also a Moral chastiser and a Spiritual forgiver of sin.

Lastly, the concepts such as 'Brahm' and 'Rita' 'Aditi', the Soul, Metempsychosis, 'Moksha' and the Law of 'Karma' are too complex and profound to be explained satisfactorily in the context of the worship of primitive forms and forces of Nature only.



"God-realization alone is the Goal of life."

Shri Ramakrishna Parmatman.



A Composite Picture

(from actual photographs at various heights and as embellished by the artist.)

OF MOUNT KAILAS, GAURI KUND & LAKE MAN SAROVAR - Holy Spots of the Himalayas.





HIGHER EVOLUTION OF HUMANITY

Common run of Movies and Cinema Posters, Business Advertisements appearing in News Papers and Periodicals or displayed in Public Places, together with the material catered by low-quality Books and Magazines, have long since become a bane both for the Individual as well as for the Society.

One wonders how this wanton exhibition of unholiness in flagrant disregard of the most minimum standards of decency, is relevant to the stuff advertised, or helpful to the cause of entertainment, which can as well be innocent and uplifting without being necessarily low and degrading.

Such vicious stuff which is poison for the growing youth, is no less derogatory to the dignity and respect due to woman for their essentially Spiritual personality as mothers.

While the West, having elected to go the whole hog in its pursuit of an unbridled freedom in this field and having become frankly an 'Immoral' Society, euphemistically called 'Permissive', needs ITSELF to retrace its steps by paying heed to the earnest exhortations of Bhagawan Christ in this regard, there is no earthly reason why of all the countries India,



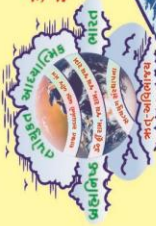


with its ancient tradition of a high Brahmcharyatmak Morality and a deeply Religious Way of Life, built through ages on the glorious Ideals - bright, scintillating seeds of a Higher Life - of सत् or the pure Spirituality of Being ऋत , reflecting the Moral and Spiritual order of the Universe, विवेक or Ethical Discrimination based on such Spiritual Truth, वैराग्य or Dispassion, त्याग or Renunciation and संयम or Brahmacharyatmak self-control, should succumb to a debasing animalism in utter disregard of Man's potential Higher Nature.

It is therefore, the foremost duty of every enlightened citizen including the News-Paper Editor, the Business-Man and the Cinema Industrialist to help in the eradication of this wide-spread EPIDEMIC, which if left to itself will contaminate the very springs of human consciousness, and will make a truly Religious or a Spiritual life a thing of the past, resulting only in a senseless dissipation of vital energy so essential to mankind in the higher evolution of Humanity

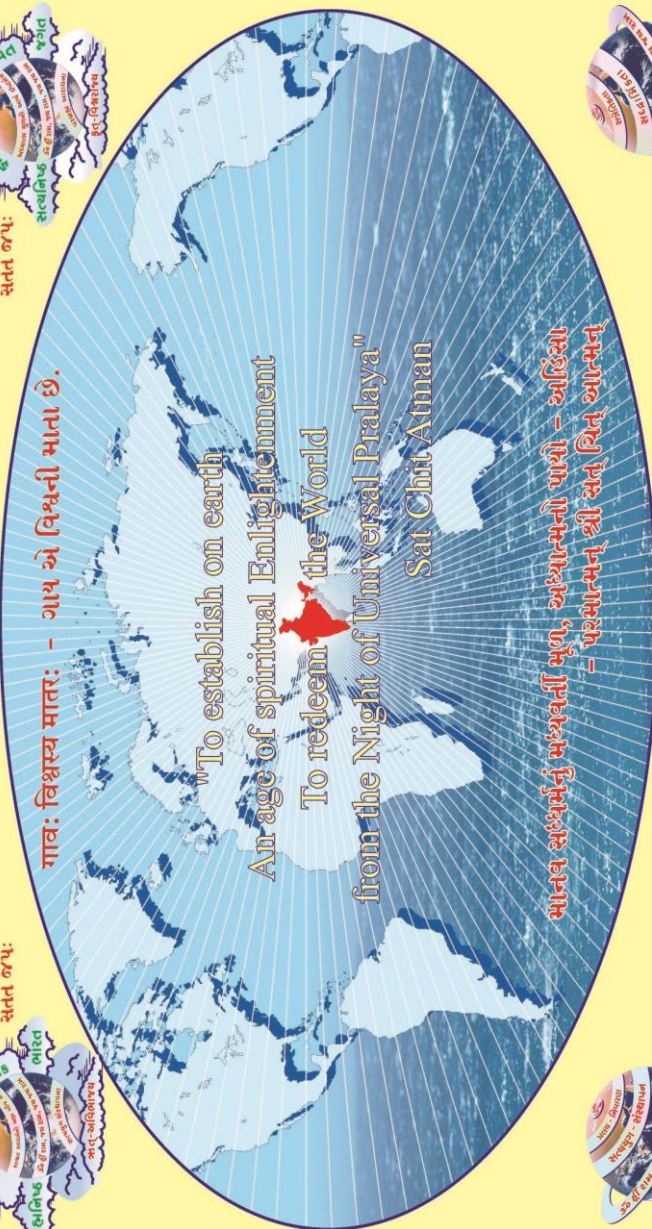
Sat-Chit-Atman





ૐ હોં રામ, જય રામ, જય જય રામ
સતત જપ:

ગાવ: વિશ્વસ્ય માતર: - ગાય એ વિશ્વની માતા છે.



માનવ સાર્થર્મેનું મધ્યવર્તી મૂળ, અધ્યાત્મનો પાયો - અહિંસા
- પરમાત્મનું શ્રી સત્ ચિત્ આત્મનું



સતત જપ:
ૐ હોં રામ, જય રામ, જય જય રામ



TOTAL ERADICATION THROUGH PERSUASION AND PRAYER, OF GLOBAL INHUMANITY PERPETRATED DAILY ON INNOCENT CREATURES FOR LUXURY IN 'FOOD.' PROLIFERATING MEDICAL RESEARCH INVOLVING LIMITLESS CRUELTY OR FOR HUMAN VANITY

A RITA-MAHAYAGNA

IN THE ETERNAL CONTEXT OF THE INHERENT SANCTITY AND THE BASIC INVIOABILITY OF INNOCENT LIFE, **A WORLD-WIDE CONSTITUTIONAL PROTECTION OF COWS AND ALL HARMLESS CREATURES FROM CRUELTY AND VIOLENCE**, IS NATURAL EQUITY AND A SPIRITUAL NECESSITY. IT IS A DIVINE REMINDER OF THE 'SINE QUANON' OF HUMAN SURVIVAL AGAINST THE FAST-GATHERING FORCES OF PRALAYA.

THE MAIN ROOT OF MAN'S TRUE RELIGION, THE SUSTAINING SAP OF LIFE SPIRITUAL, THE MORAL PRE-REQUISITE OF GENUINE PEACE AMONG MEN AND OF TRUE PROSPERITY ON EARTH, IT IS ALSO THE MOST EFFECTIVE MEANS OF AVERTING THE SCOURGE OF GLOBAL DISASTERS, SUCH AS A WORLD-WAR, AN ICE -AGE OR A UNIVERSAL DELUGE.

THE IMMORTAL SOUL OF THE ARYAN CULTURE, THE PERENNIAL GLORY OF SPIRITUAL BHARAT, THE SHINING AUREOLE OF THE COMING AGE OF TRUTH, BASED ON THE PRIMARY REALITY OF THE SPIRIT, IT IS A CLARION CALL OF THE DIVINE TO INDIA TO AWAKE AND ENTER INTO ITS GREAT HERITAGE OF TRUTH AND DELIVER WITHOUT DELAY, THIS GIFT OF LOVE, OWED LONG SINCE BY BHARAT TO THE ENTIRE WORLD.

Sat-Chit-A tman